

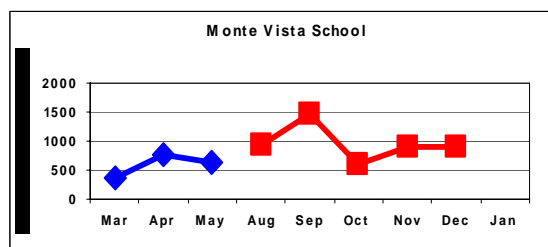
# Monte Vista Elementary School

2003-2004 Team Nutrition Grant – Arizona Department of Education

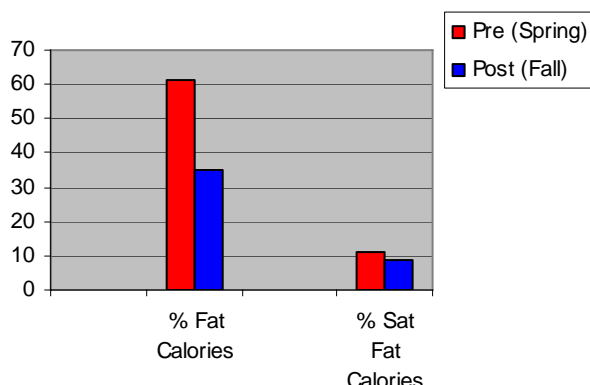


## Financial Results

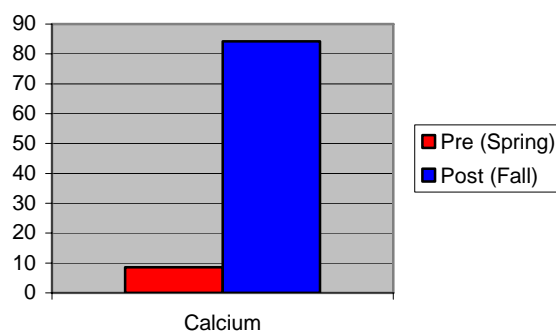
**Plan:** Changed items in school store to provide healthier items for students. Examples include bottled water, granola bars and mixed nuts. Implemented nutrition curriculum, before school physical activity program



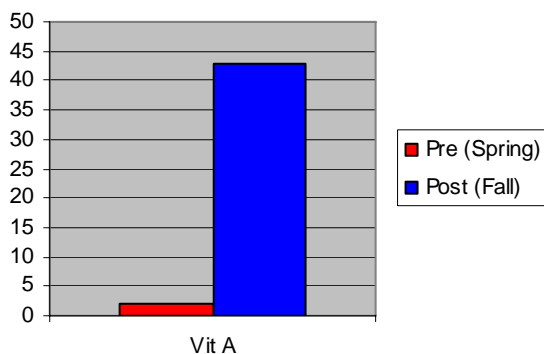
**Nutrition Results:** School store items decreased in total calories from fat and saturated fat. School store increased the amount of foods high in Vitamin A, Calcium and Iron and decreased amount of total sodium.



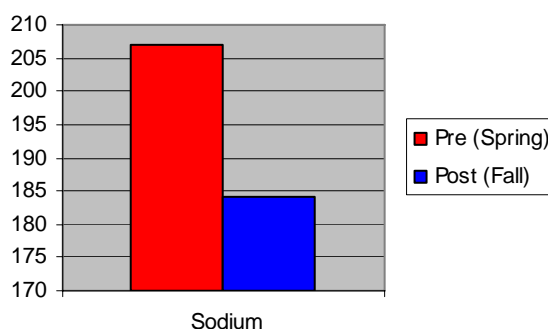
**School Store**  
Total calories from fat goal- <30%  
Total calories from sat fat goal- <10%



**School Store**  
Calcium (mg)



**School Store**  
Vitamin A (RE)



**School Store**  
Sodium (mg)



